A large crowd of graduates in blue and white gowns is gathered outdoors on a grassy field. Many are throwing blue and white confetti and caps into the air, creating a festive atmosphere. The graduates are seated in rows, and some are standing and cheering. The background shows trees and a clear sky.

In 4 years...

Welcome to Swampscott High School  
Class of 2021



# Swampscott High School

The people at SHS (the staff & students), the top notch facility, combined with outstanding academics, a strong athletics program, and over 30 clubs & activities to choose from, make this a wonderful place to spend 2 million minutes of your life!



***HELLO!***

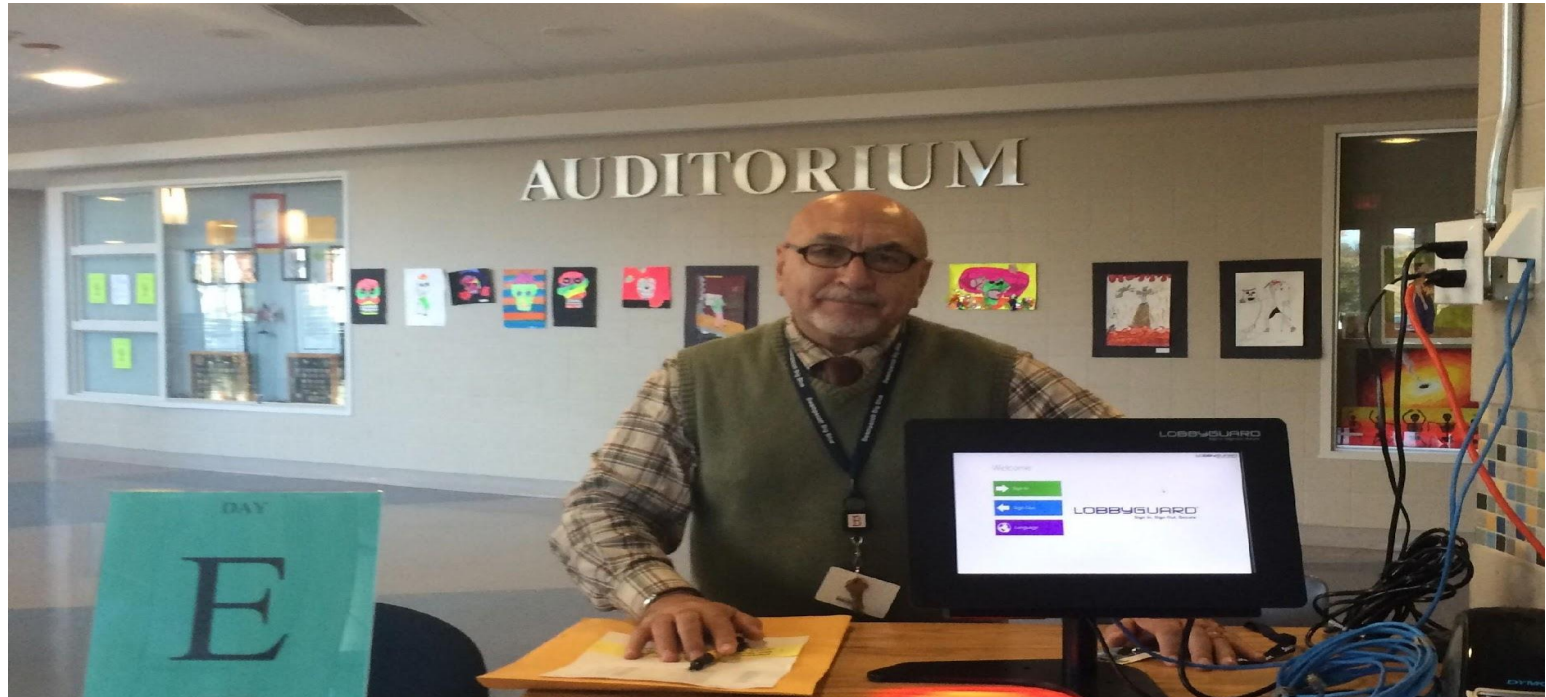


## The Swampscott High School Administration Team

Mr. Murphy, the principal of SHS

Mr. Kowalski - Assistant Principal

Mrs. Knowles-Assistant Principal & Director of Educational Technology



Mr. Polacco- the first face you see at the door in the morning, greeting students and faculty.

Checking in visitors with our Lobby Guard System





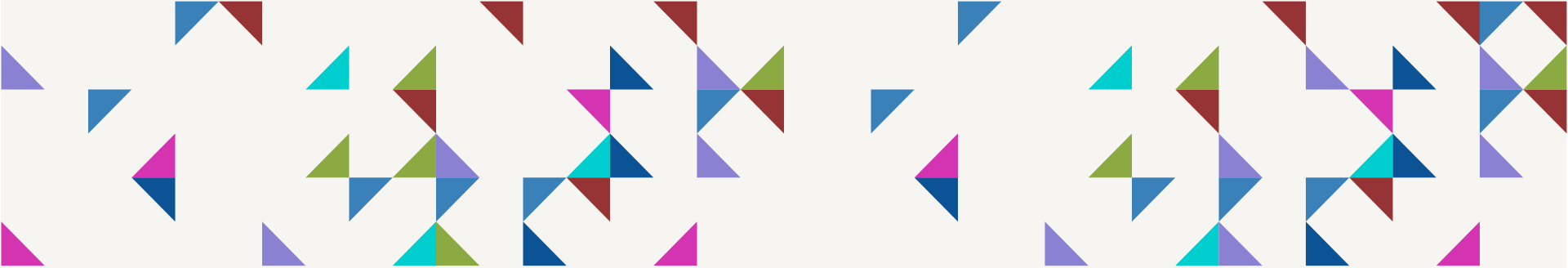
The second face you see is Mr. Geraci - in the hallways and directing traffic out front. Always greeting students as he passes them by!

# Guidance Counselors:

Ready to support  
& work with you  
from grade 9 until  
you leave for  
College!







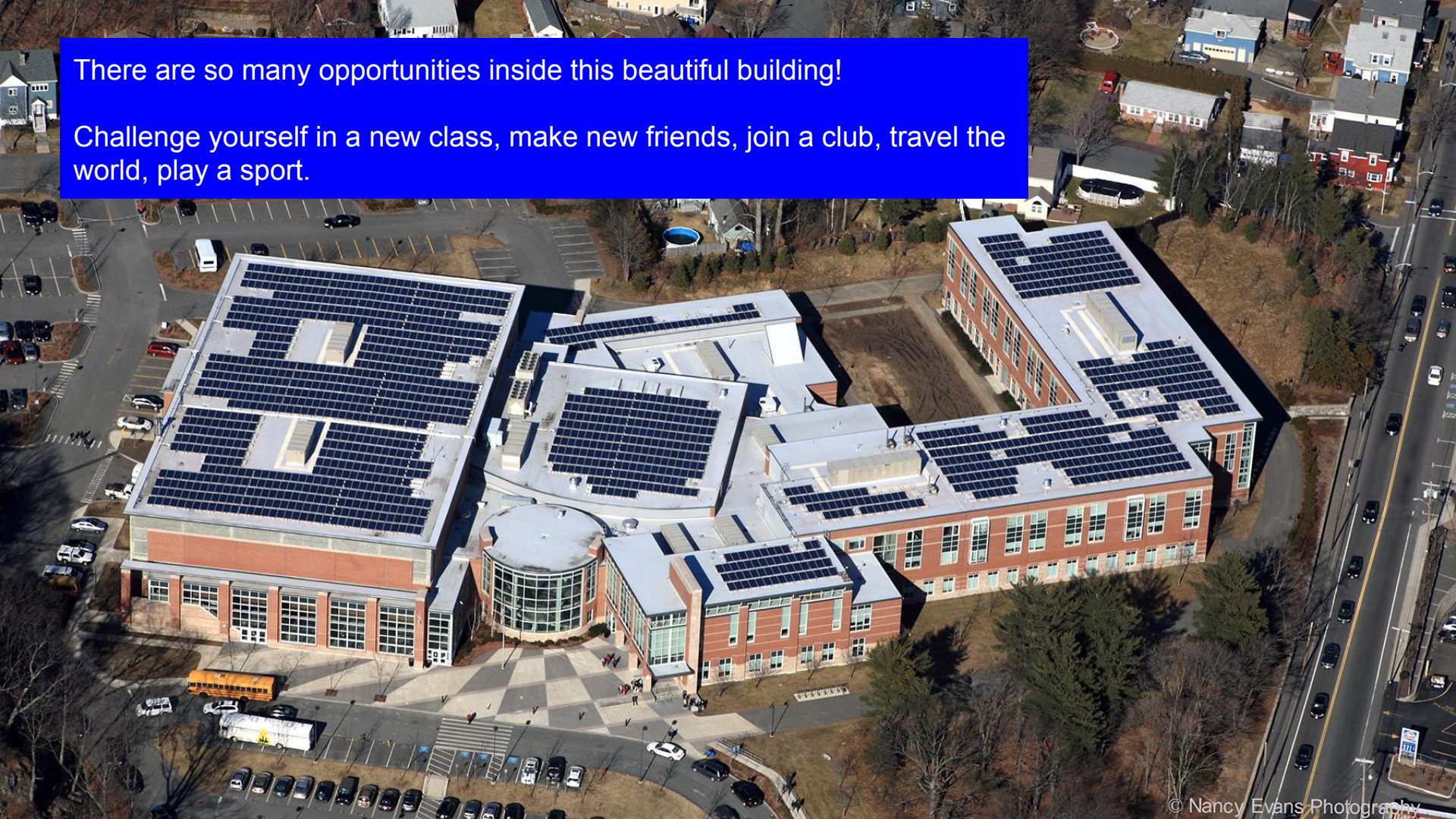
Do you have a junior at SHS? Are you missing the exciting Junior Parent Event:  
Navigating the College Application Process?

The counselors will be available on Friday, January 20 at 8:30 AM. Please  
RSVP with the guidance department by email or phone call so that they can  
plan for Friday.



There are so many opportunities inside this beautiful building!

Challenge yourself in a new class, make new friends, join a club, travel the world, play a sport.





In addition to these requirements, students must earn qualifying scores on the English, Science, and Mathematics MCAS exams to receive a Swampscott High School diploma.

### Minimum Graduation Requirements

Students must enroll in thirty (30) credits each year. A minimum of one hundred twenty (120) credits must be completed to qualify for a Swampscott High School diploma. **These credits must include the following:**

English	4 years and one semester of <i>Writing Across the Curriculum</i> in Grade 9 or 10	22.50 credits
Mathematics	3 years, although state colleges in MA require 4 years of mathematics for admission	15 credits
Social Studies	3 years (including <i>United States History</i> )	15 credits
Science	3 years of lab science: <i>Biology, Chemistry, Physics</i>	15 credits
Foreign Language	A sequence of 2 years of the same foreign language	10 credits
Career Technology & Fine Arts	3 courses (one of which must be <i>Computer Applications</i> )	Variable
Wellness Education	Grades 9 & 10 - <i>Foundations for Fitness I, Foundations for Fitness II Contemporary Adolescent Health I</i>  Grades 11 & 12- <i>Active and Cooperative Games (or) Adventure and Lifelong Activities &amp; Contemporary Adolescent Health II</i>	10 credits

# Academics at SHS (& a freshmen schedule)

This block has 3 courses spread out of the year

<p>[Q1] 941.1-07 CONTEMP AD ISS I HARRIS, KENNETH C120</p> <hr/> <p>[Q2] S01.1-04 DIRECTED STUDY - S01 ELLIS, R; KRAVITZ, B C330</p> <hr/> <p>[S2] 800.1-04 STUDIO ART I CP1 BALLIRO, ANITA D106</p>	<p>320.1-02 GEOMETRY H MCLEOD, JAMIE C319</p>	<p>412H.1-02 SPANISH II H PÉREZ, ANGELA C103</p>	
<p>210.1-03 ANCIENT WORLD HISTORY I H BANDER, JULIE C226</p>	<p>110.1-03 ENGLISH I H BLUM, ROSEANN C202</p>	<p>[S1] 951.1-01 FOUNDATION FOR FITNESS I BUSH, P; LAVENDER, C Gym PB</p> <hr/> <p>[S2] 168.1-07 WRITING ACROSS THE CURRICULUM CP1 FLANAGAN, HOLLY C218</p>	<p>500.1-01 PRE AP BIOLOGY HONORS YANOFSKY, MICHELLE C308</p>

Can you see  
the different  
classes?

This block has  
2 courses  
spread out of  
the year

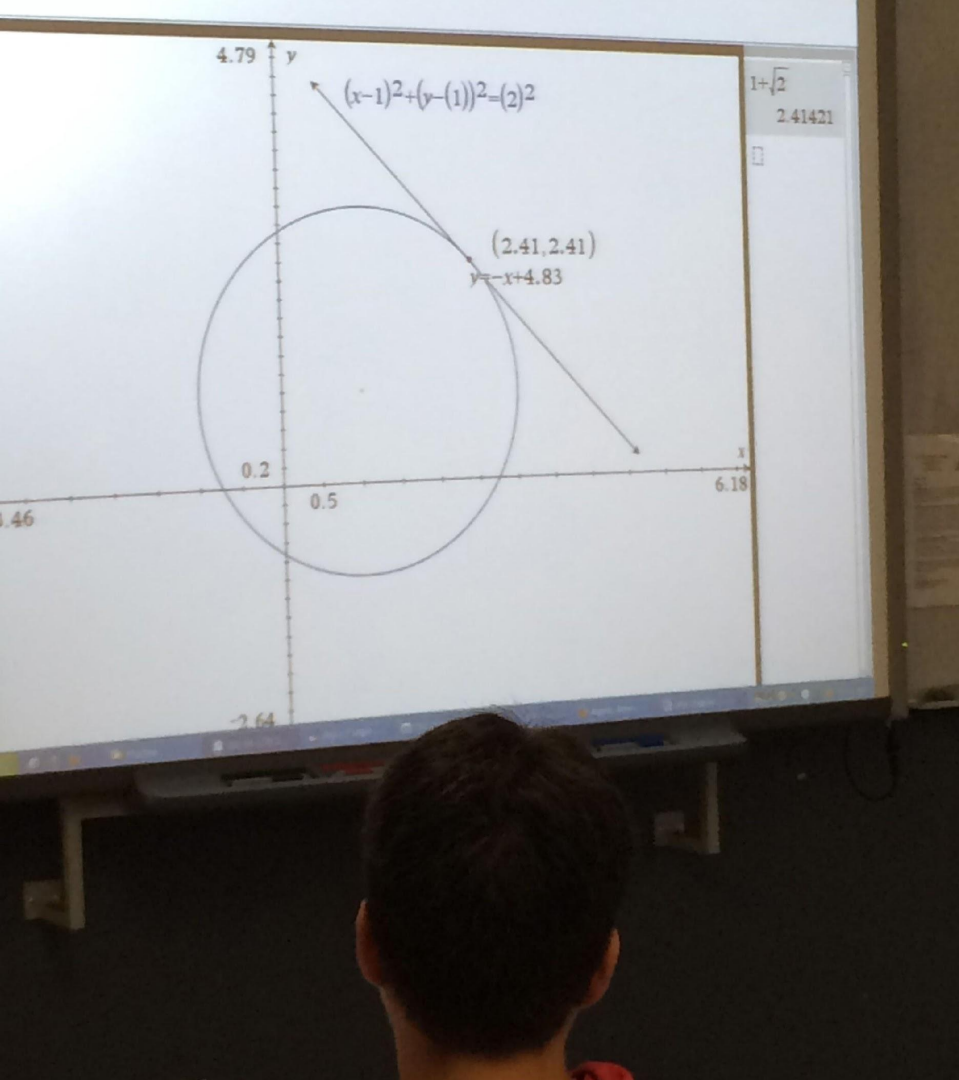


A photograph of two students in a science laboratory. In the foreground, a student with dark, curly hair and a red and black plaid shirt is looking through the eyepiece of a microscope. In the background, another student with long brown hair and a blue shirt is also looking through a microscope. The microscopes are light-colored with black eyepieces and objective lenses. A window is visible in the background, showing some greenery outside. A semi-transparent white box with the word "Science" is overlaid on the left side of the image.

**Science**

9th Grade	10th Grade	11th Grade	12th Grade
Pre-AP Biology (Honors)	Pre-AP Chemistry (H)	AP Physics YR1 or AP Biology or AP Chemistry	AP Physics YR 1 or 2 or AP Biology or AP Chemistry or AP Environmental Science
Biology (ACP)	Chemistry (ACP)	Physics (ACP)	<i>Electives</i> ★ Anatomy & Physiology ★ Bioethics ★ Ecology ★ Forensics ★ Robotics I or II ★ Green Apprentice ★ Green Scholars ★ Intro to Computer Science ★ Renewable Energy ★ Robotics I or II
MCAS - JUNE	Chemistry (CP)	Physics (CP)	
	Applied Environmental (CP)	<i>Electives</i> ★ Anatomy & Physiology ★ Ecology ★ Robotics I or II ★ Green Apprentice ★ Green Scholars ★ Intro to Computer Science ★ Renewable Energy ★ Robotics I or II	
<i>Elective choice:</i> Technology, Engineering, & Design (TED)	<i>Elective Choice: TED,  Robotics 1, Green Apprentice</i>		
<i>Biology is a graduation requirement</i>	<i>Chemistry is a graduation requirement</i>	<i>Physics is a graduation requirement</i>	





Math

# Mathematics Course Offerings/Sequence

Level	Grade 8	Grade 9	Grade 10	Grade 11	Grade 12
Honors	Algebra 1	Geometry	Algebra 2	Pre-Calculus	Calculus (AP/H) and/or AP Statistics
Advanced College Prep <i>Option 1</i>	Pre-Algebra	Algebra 1	Geometry	Algebra 2	Pre-Calculus
Advanced College Prep <i>Option 2</i>	Pre-Algebra	Algebra 1	Geometry & Alg. 2 (double up)	Pre-Calculus	Intro to Calculus
College Prep <i>Option 1</i>	Pre-Algebra	Foundations of Algebra	Geometry	Integrated Algebra & Geometry	Algebra 2
College Prep <i>Option 2</i>	Pre-Algebra	Algebra 1 or Found. of Algebra	Geometry	Algebra 2	Algebra 3

MCAS

SAT

**Note:** Change in levels is possible depending on the student's performance in the previous math class.



# World Language





Spanish		WORLD LANGUAGE		
Middle School	Freshman	Sophomore	Junior	Senior
No Language Taken	1 CP*	2 CP*	2 ACP	3 ACP/ 3H
	1 ACP	2 ACP/ Sp. 2H	3 ACP/ 3H	4 ACP/ 4H
1 year Spanish/difficulty	2 CP*	2 ACP	3 ACP/ 3H	4 ACP/ 4H
Spanish 7th/8th Grade	2 ACP/ 2H	3 ACP/ 3H	4 ACP/ 4H	5 ACP/AP 5
French				
Middle School	Freshman	Sophomore	Junior	Senior
No Language Taken	1 ACP	2 ACP/ 2H	3 ACP/ 3H	4 ACP**/4H
French 7th/8th Grade	2 ACP /Fr. 2H	3 ACP /3H	4 ACP**/4H	AP 5

**Transfer students must take a placement test to assess their language level.**  
**\* Requires teacher recommendation/department head approval**



# English

.B MEDITATION CLASS WITH  
PROFESSOR FRANKLIN  
(NO, THEY ARE NOT  
SLEEPING!)

# English Department

## Grade Nine

English 9 ACP or  
Honors

Foundations of  
English CP

Writing Across the  
Curriculum CP  
*(required semester)*

## Grade Ten

English 10 ACP or  
Honors

Writing across the  
Curriculum CP  
*(required semester if  
not taken in grade 9)*

## Grade Eleven

English 11 ACP

American Studies  
ACP/Honors

AP English  
Language and  
Composition

## Grade Twelve

English 12 ACP

AP English Literature and  
Composition

### Electives:

- ★ Creative Writing
- ★ Journalism
- ★ Media Literacy 1-4
- ★ Speech and Debate



A photograph of a classroom scene with several students seated at desks. In the foreground, a male student on the left is looking down at a sticky note. Next to him, a female student is looking forward while holding a yellow sticky note that says 'Supply'. To her right, a male student is looking towards the camera, holding a pink sticky note that says 'Demand'. In the background, another female student is smiling and holding multiple sticky notes. The desks are cluttered with notebooks, pens, and a green water bottle. The overall atmosphere is one of an active learning environment.

# Social Studies

# SOCIAL STUDIES DEPARTMENT

9th Grade	10th Grade	11th Grade	12th Grade
World History I Honors, ACP, or CP	AP European History  World History II Honors, ACP or CP	AP United States History  American Studies (AMSTUD) Honors or ACP  United States History ACP, CP  Research Thesis paper required for all levels in order to graduate.	<ul style="list-style-type: none"> <li>★ AP Psychology</li> <li>★ AP Micro and Macro Economics</li> <li>★ AP Art History</li> <li>★ AP European History</li> </ul> ACP Electives (10-12th Grade) <ul style="list-style-type: none"> <li>★ Psychology</li> <li>★ Race and Membership</li> <li>★ Government</li> <li>★ International Relations</li> <li>★ Economic Thinking</li> <li>★ Turbulent Sixties</li> </ul>

# Fine & Practical Arts





# Fine and Practical Arts

*We have so much to offer!*

- ★ Computer Applications
- ★ Personal Financial Literacy I & 2
- ★ Entrepreneurship
- ★ Accounting I
- ★ Business and Personal Law
- ★ Marketing 1 & 2
- ★ Sports and Entertainment Marketing
- ★ International Business
- ★ Business Management
- ★ Digital Film Production
- ★ TV Studio
- ★ Media Arts Lab

- ★ Band
- ★ AP Music Theory
- ★ Introduction to Drumming
- ★ Piano Lab I & Piano Lab II
- ★ History of Rock
- ★ Mixed Chorus
- ★ Theater Major
- ★ Design for the Stage
- ★ Beginning Guitar & Guitar II

- ★ Studio Art I
- ★ Studio II Intermediate
- ★ Drawing and Painting & Studio III Portfolio
- ★ Photography 1&
- ★ Photography 2
- ★ Introduction to Sculpture
- ★ Sculpture Major
- ★ Sculpture III
- ★ Advanced Placement Art History

# Wellness

A photograph of a school gymnasium where several students are exercising. In the foreground, a student in a green shirt and red shorts is on a stationary bike. To his left, another student in a black shirt and white shorts is walking. In the background, other students are using treadmills and weight machines. The gym has a dark floor, a drop ceiling with fluorescent lights, and a large pillar in the center.

# SWAMPSCOTT HIGH SCHOOL

## WELLNESS DEPARTMENT

Total required credits for graduation: 10 credits

### PHYSICAL EDUCATION REQUIREMENTS:

Total for Graduation= 7.5 credits

Grade 9–Foundations of Fitness I:  
(1 semester, 2.5 credits)

Grade 10–Foundations of Fitness II:  
(1 semester, 2.5 credits)

Grade 11 & 12– (2 quarters, total 2.5 credits)

choice each year of either: Leadership and Lifetime Activities (or) Leadership and Active Games

### HEALTH EDUCATION REQUIREMENTS:

Total for Graduation= 2.5 credits

Grade 9 or 10  
Contemporary Adolescence I  
(1 quarter–1.25 credits)

Grade 11 or 12  
Contemporary Adolescence II  
(1 quarter–1.25 credits)

Health ELECTIVE: Stress Management  
through Mindfulness



paragon

epithet

culpable

recant

accomplice

# Special Education Services

liquidation

controversial

nomadic

asperity

# Special Education

- Vary by individual needs
- Majority enroll in TASK Management
- Support Individual Education Plan goals and objectives (IEP's)

## Additional services:

- Language based ELA classes
- Co-taught ELA, Math, Science, and History courses

(Both a Special educator and a general educator teach courses as a team)

- Individual counseling, Social Skills groups
- HARBOR program

If you are transferring in from a private school, please contact [ewilson@swampscott.k12.ma.us](mailto:ewilson@swampscott.k12.ma.us) for more information about special education programs. If you are at SMS, you will have a transition meeting in the spring and learn more about special education at SHS.

# Certificate Programs offered to all students

## STEM Certificate

**\*Receive recognition for your interest in science, technology, engineering and math**

### **Academic**

4th year of mathematics/science

Minimum of 15 credits of STEM electives

### **STEM Enrichment - Out of School**

Actively participate for at least 2 full years in a STEM based after school OR approved community program with a STEM focus.

### **STEM Family Night**

1 year project/activity / 1 year volunteering

### **Two Independent Research Projects**

### **Portfolio and presentation**

## Global Competency Certificate

**\*Receive recognition for your interest in global awareness, multicultural issues and international travel**

### **Academic**

Complete a sequence of a spoken language other than English

Minimum of 10 credits of globally focused electives in several academic areas.

### **Community Service**

Students will perform a prescribed amount of community service with a global theme.

### **International Travel/Host**

Students will participate in international travel and/or locally global events, or host an international student.

### **Portfolio and presentation**



# Drivers Education

Swampscott High School  
**DRIVER  
EDUCATION**

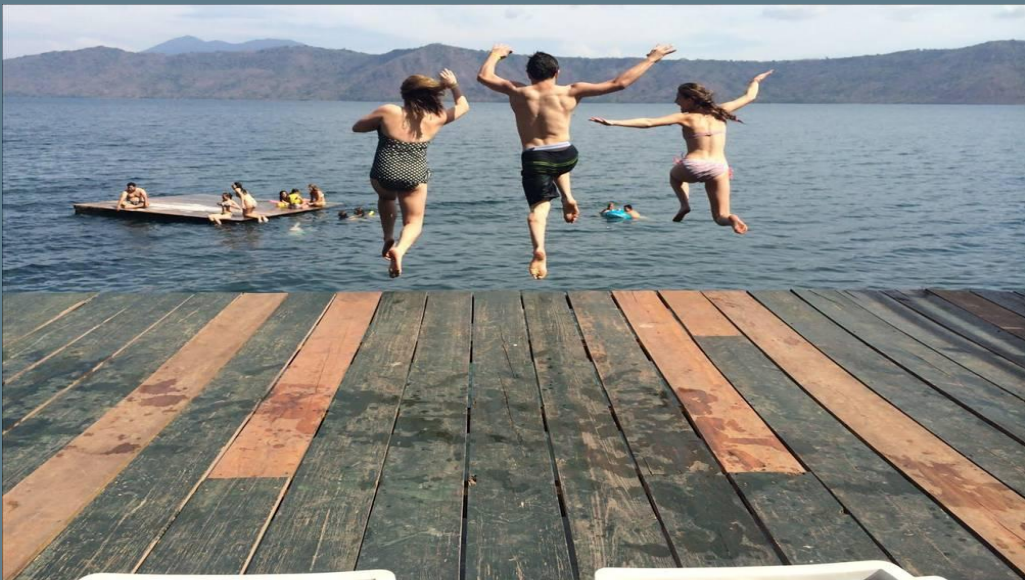
## Why go outside of SHS?

This course is offered to students that are 15 and 9 months. Students earn 1 credit for taking the course.

Courses are offered at least five times a year and happen before school, weekends, and during vacations. Something will fit your schedule

Cost: \$525 (less expensive than any other local driving program)

- ★ 30 hours of Classroom Instruction
- ★ 12 hours of driving
- ★ 6 hours of observation



**Service Learning Trip to Nicaragua in 2014 -  
SHS returns to Nicaragua in April, 2018!**

**Jump IN!  
Swampscott High  
School is more  
than just  
academics!**



# World Challenge

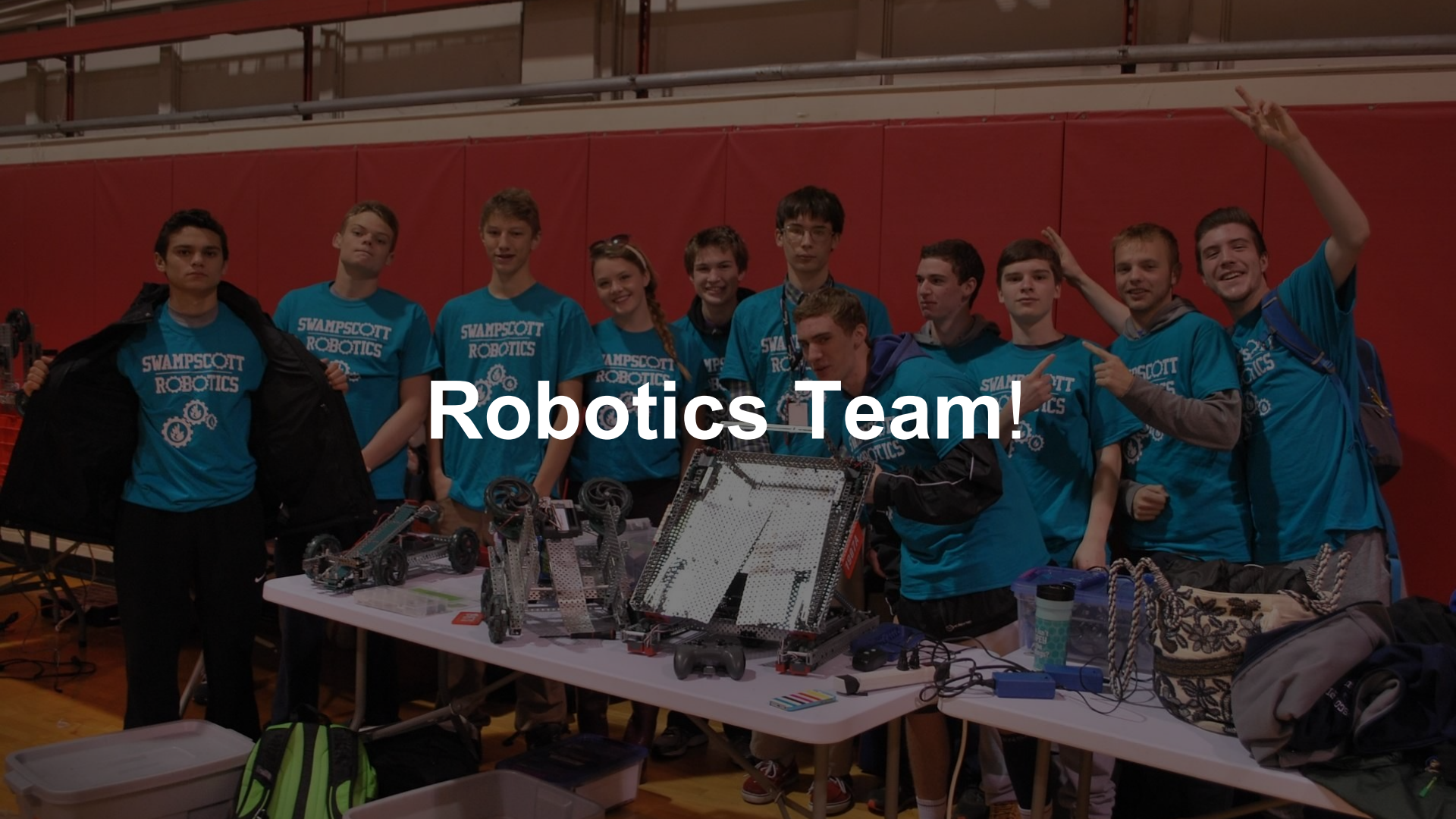
Service Learning Opportunities

Next Adventure- Tanzania Summer 2018





# Robotics Team!





# Performing Arts

A group of performers, including men and women in various costumes, are on a stage. The background features red curtains and a large yellow, textured backdrop. The performers are arranged in a line, some holding hands, and are looking towards the camera. The lighting is warm and focused on the stage.



PROM!





Highly qualified  
educators who  
love their job!

*Seen here at Prom on  
a Friday night*



ELECTION DAY  
BAKE SALE TO  
BENEFIT PEER  
LEADERS AND  
ADL





THE VERY TALENTED DANCE TEAM

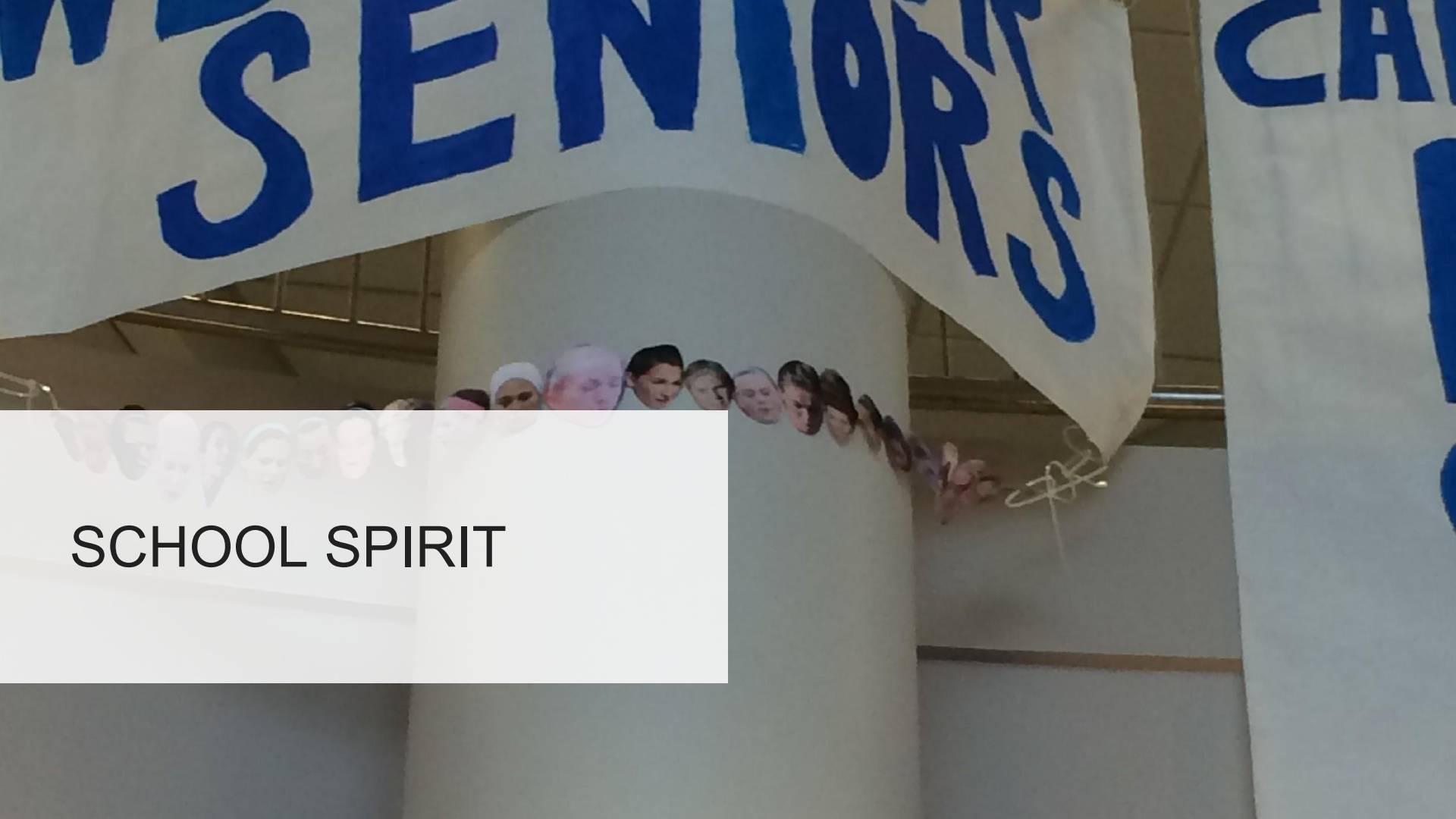


NATIONAL HONOR SOCIETY INDUCTION



# The Garden at SHS





SCHOOL SPIRIT

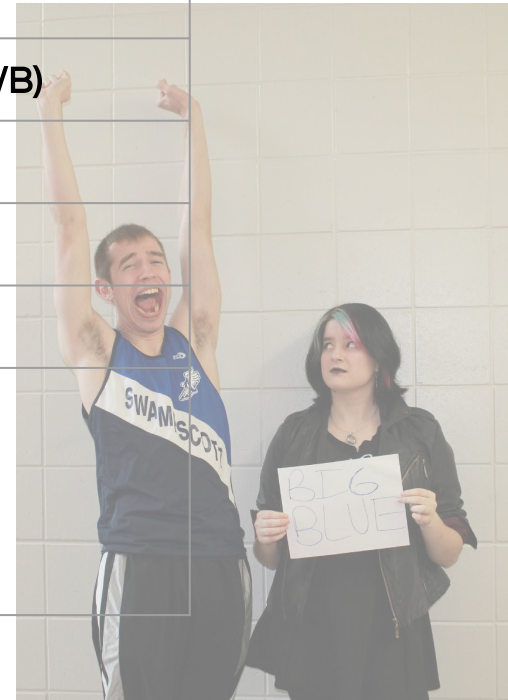




"POWDER PUFF" GIRLS FLAG FOOTBALL VERSUS MARBLEHEAD

# Athletics

Fall Sports	Winter Sports	Spring Sports
Football	<i>Co-Ed</i> Swim & Dive	Baseball
Soccer (G/B)	Indoor Track & Field (G/B)	Softball
Volleyball	Boys Ice Hockey	Outdoor Track & Field (G/B)
Golf	Basketball (G/B)	Lacrosse (G/B)
Field Hockey	Alpine Ski Racing	Tennis (G/B)
Cross Country (G/B)	Girls Ice Hockey <i>w/ MHD</i>	<i>Co-Ed</i> Sailing
Football Cheerleading	Wrestling <i>w/ MHD</i>	
	Basketball Cheering	
	Gymnastics <i>w/ MHD</i>	





# And so much more....



# What next?

## SMS students

The course selection process begins soon.


1. SHS guidance & admin meets with grade 8 in March.
2. March 29- Course Selection Evening For Parents of grade 8 students at SMS that ARE attending SHS.

## Private School Families

1. Enroll in Swampscott Public Schools (before April so we can get the ball rolling!)
2. Once enrolled, we will receive paperwork indicating you are ready to take placement tests (spring). Plan on a full day of testing at SHS.
3. Tower & Marblehead Charter offer placement testing at their schools.
4. After placement tests you will meet with a member of the counseling staff to go through the scheduling process.



# THE SHS WEBSITE -WHERE THE INFO IS




## SWAMPSCOTT HIGH SCHOOL

District Clarke Elementary Hadley Elementary Stanley Elementary Middle School High School

SEARCH

### QUICK LINKS

- Principal's Page
- Athletics
- Calendar
- Clubs
- Departments
- Faculty
- Food Services
- Guidance
- Health Services
- Home
- IVY Program
- Library
- Lunch Menu
- Mandatory Training
- Outdoor Classroom
- Parent Teacher Forum
- Pay Fees Online
- Solar Project
- Student Council
- Swampscott Education Foundation
- Swampscott School Building Project
- Teachers' Web Sites



### Swampscott High School

200 Essex Street  
Swampscott, MA 01907  
Main Office: 781-596-8830  
Fax: 781-599-2034  
Hours: 8:10-2:30

Principal Robert F. Murphy

Email: [murphy@swampscott.k12.ma.us](mailto:murphy@swampscott.k12.ma.us)  
Follow SHS on Twitter [@bigbluemurphy](https://twitter.com/bigbluemurphy)

[Guidance Dept:](#) 781-596-8876 [@SHSGuidanceDpt](https://twitter.com/SHSGuidanceDpt)  
[Athletics Dept:](#) 781-596-8875 [@sportsbigblue](https://twitter.com/sportsbigblue)

[Aspen Portal](#)[Aspen Help](#)

### Important Announcements

[Check out The Big Blue Blog written by Principal Murphy](#)

**January at SHS**  
January 16 - No School, Martin Luther King Jr. Day  
January 17 (Tuesday)- January 20 (Friday) - Midterm Exams - all students must be present for all exams. Schedule is below open house flyer.  
January 18 - Parent-Teacher Conference, 6:30-8:00 PM at SHS

### NEWS & EVENTS

- [SHS DESE Report Card 2016](#)
- [DRIVER'S ED PAGE](#)
- [Aspen Student and Family Portal Information](#)
- [Stop & Shop Fundraising for SHS](#)

THANK YOU FOR COMING TONIGHT! THE DEPARTMENT CHAIRS ARE OUT IN THE ATRIUM FOR 30 MINUTES OF Q & A.



2 MILLION MINUTES...FROM FRESHMEN YEAR UNTIL GRADUATION  
How will you spend your time at SHS?